

Camp Schedule (tentative)

June 13th - Day 1

10:00 a.m.	Check-in ends
10:00-10:30 a.m.	Meet your counselor Coaches meeting and Rules
10:30- 11:30 a.m.	Technique T.J. Miller
11:45- 12:45	Lunch
1:00 - 2:45	Duals (2) (AWC)
2:45 - 3:15	Technique with counselor
3:15- 4:30	Experience a typical Loras Practice
5:00-6:00 p.m.	Dinner
6:00-8:00 p.m.	Free time (Capture the Flag on Football Field)
8:30-9:45	Coach Meeting (Walnut Tap)
11:00 p.m.	Lights out

June 14th - Day 2

7:00-8:30 a.m.	Breakfast
7:30-8:30	Elite Technique with Loras All-Americans
8:30-9:30 a.m.	Technique Jeren Glosser
9:45-11:15 a.m.	Dual 1
11:15 a.m.-12:30 p.m.	Lunch
12:30 p.m.- 1:30 p.m.	Technique with Counselor
1:30-3:30 p.m.	Duals Meets (2)

3:30- 5:00 p.m.	Open Mat (Open to watch)
5:00-6:00 p.m.	Dinner
6:00-6:15 p.m.	Motivational Speaker (Nick Mitchell) Ballroom Above Cafeteria
6:15-8:00 p.m.	Free time (Capture the flag on Football Field)
7:00-10:00 p.m.	Coaches Instruction (Loras Pub)
11:00 p.m.	Lights out

June 15th -Day 3

7:00-8:30 a.m.	Breakfast
7:30-8:30	Elite Technique (optional) Jeren Glosser
8:30-9:30 a.m.	Technique
9:45-11:15 a.m.	Dual (1) start of bracket
11:15 a.m.-12:30 p.m.	Lunch
12:30 p.m.- 1:30 p.m.	Scrambling Technique with Lee Roper
1:30-4:00 p.m.	Duals Meets (2)
4:00- 5:30 p.m.	Open Mat (Open to watch)
5:45-6:30 p.m.	Dinner
6:45-8:00 p.m.	All Star Dual
8:30-10:30 p.m.	Free time

8:30-10:30 p.m.

Coaches Instruction (Loras Pub)

11:00 pm

Lights out

June 16th - Day 4

8:00- 9:30

Technique (Loras All-Americans)

9:30-12:00 Noon.

Individual Tournament/TD Tournament

12:00 Noon-12:30 p.m.

Check out